



# Meyer Boys & Girls Club Summer 2010

## Summer Hours

Sunrise Club: 7:30am-9:00am

Camp Hours: 9:00am-5:45pm

Camp Specialty: 9:00am-12:00pm

Drop-in: 1:00pm-5:30pm

Teen Camp Hours: 7:30am-5:45pm

Teen Drop-In: 12:00pm-5:45pm

Teen Nights: 7:00pm-11:00pm  
(Friday and Saturday)

## Cost

Annual Membership: \$5

Sunrise Club: \$20 per week

Camp: \$50 per week

Teen Camp: \$35 per week

Emerging Leaders: \$20 per week

Swimming: \$2 per week

(first 60 kids to sign up each week)

Teen Drop-In: Free

## Registration begins April 15

- A \$10 deposit is required to reserve a spot for each week of camp and goes toward the weekly fee. Camps fill up fast so reserve your space early.
- Scholarship applications are due Friday May 28<sup>th</sup>, 2010.
- Children will not be able to attend camps if an outstanding balance remains without a payment plan.
- No refunds will be given.



**BOYS & GIRLS CLUBS**  
OF PORTLAND METROPOLITAN AREA

## Important Information:

Camps run from June 16<sup>th</sup> - August 13<sup>th</sup>

Monday-Friday

Club Closed: July 5<sup>th</sup>, 2010

**Ages: Youth Camps**– 6 (going into 1st grade)-12

**Teen Camps**– 12 (going into 7th grade)-18

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Summertime fun is at the Meyer Boys & Girls Club! We are offering a wide selection of camps throughout the warm and sunny months. Your child will surely find something interesting & fun. We have three hours of specialized camps in the morning and even more fun during the afternoon. Specialty camps run from 9:00am-12:00pm.

Lunch time is between 12:00pm-1:00pm. Don't forget to pack a sack lunch. Please do not bring any foods that need to be refrigerated or heated. After lunch, campers will have the choice of 5-7 activities in which they would like to participate.

On Wednesday afternoons, the first 60 kids who turn in a permission slip and \$2 will go swimming at the Sellwood Pool. See inside for more swimming details.

Campers can be picked up from the Club at anytime during the day. However, campers may be off site with their camp at a park, swimming, hiking, etc. All campers are guaranteed to be on site at 4:30pm daily. If you need to pick up your child before that time, please inform the Club staff so we can plan accordingly.

On Fridays we will have SUPER special activities planned during the afternoon. Friday Fun Days will range from Oaks Park trips to Hawaiian Luaus. All Friday Fun Days are included in the price of the weekly camp. No additional fees apply. Check the calendar to see what FUN Friday event is taking place.



## Contact Information

Meyer Boys & Girls Club

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P.O. Box 820127

Portland, Oregon 97282

503-238-6868

Meyerinfo@bgcportland.org

# Camp Descriptions

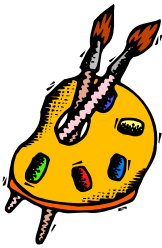
## Sports Camp



- Preview Week & Week 4: **Basketball**– Enhance your basic shooting, passing, dribbling, and rebounding skills while learning the rules of the game. Open for all ages.
- Weeks 1 & 5: **Soccer**– There is a reason this is the most popular sport in the world—it’s LOADS of fun. Practice dribbling, passing, and shooting . Open for all ages.
- Week 2: **Iron Core**– This camp will give you the advantage in whatever sport you are passionate about by working on conditioning, agility, and strength. Open for 9-12 year olds.
- Week 3: **Floor Hockey**– Whether you perfect a triple deke or learn how to make a strong slap shot this camp is fun for all. We provide all the equipment necessary to follow in the footsteps of Sydney Crosby or Wayne Gretzky. Open for all ages.
- Week 6: **Volleyball**– Pass! Set! Hit! Learn the proper technique for serving, passing, setting, hitting, and maybe even diving. Open to 9-12 year olds.
- Week 6: **Golf**-Available to the first 14 kids 8-12yr olds. Visit the Children’s Course in Milwaukie. Course Staff will provide all the equipment necessary to learn the fundamentals of golf. Drive, putt and chip your way to being a great golfer.
- Weeks 7 & 8: **Flag Football**- Practice throwing, catching, blocking, and rushing without the fear of high impact tackling. Perfect practice for our fall flag football league. 6-8yr olds week 8 & 9-12 year olds week 7.

## Art Camps

- Preview Week: **Funky Fashion**–Create your own wardrobe. From jewelry to your own summer camp tie-dyed t-shirt. Explore the possibilities of home made fashion. There is a \$5 lab fee to cover the cost of a BGC t-shirt.
- Week 1: **Textile Arts**– Do you love to create projects with yarn and fabric? Cut, glue, stitch, weave, and more. Open for 9 to 12 year olds.
- Week 2: **Drama Camp**– Join in on fun drama games and improv activities as we improve confidence and creativity through drama. Help build sets, props, and costumes. On the last day of this camp we will present a play! Open for all ages.
- Week 3: **Art Concoctions**– A pinch of this, a tad of that and... Voila! An amazing art project! Mix up some non-traditional paint, make your own silly putty, play dough and more in this camp full of gooey art recipes and creations.
- Week 4: **Super Sculptures**– Use clay, plaster, paper mache, and more to create amazing three dimensional works of art. Open for all ages.
- Week 5: **Paints & Prints**– Discover salt effects on watercolors, make a mono-print, found object painting, and make a group mural.
- Week 6: **Building Construction**– Do you love to put things together? Build a bridge using gumdrops and toothpicks, create with Legos, design buildings, make cardboard constructions, and more. Open for all ages.
- Week 7: **Playful Puppets**– Create your own puppet characters as we learn about puppet making. Make your very own sock puppet, finger puppet, shadow puppet and more. After we make our puppet creations we’ll use them to make our own puppet shows! Open for all ages.
- Week 8: **Paper Craft**– Paper isn’t just something to draw on... it has a thousand uses. In this camp you will make origami, paper sculptures, pretty paper boxes, paper beads and even make your very own handmade paper to take home. Open for all ages.



## Science & Tech Camp

- Preview Week: **Rockets & Catapults**– Create your own rockets & catapults. Watch to see just how high they can fly and how far they can fling. Open for all ages.
- Week 1: **Ocean Exploration**– Tiptoe in the shallows and dive into the deepest reaches of the ocean. Learn about your favorite sea life and explore the wonders beneath the surface. Open for all ages.
- Week 2: **Animal Week**– Everything animals! Enjoy learning about common and rare, big and small, colorful and camouflaged through projects and in person. Open for all ages.
- Week 3: **Rain Forest**– Explore the rain forest from the ground floor to the top of the canopy. Find out about poison dart frogs, fungus that attacks insects, and the hidden treasures of this disappearing ecosystem. Open for all ages.
- Week 4: **Dirt**– If you think playing in the dirt is fun join this camp to see just what kind of amazing things are hidden under your feet. Open for all ages.
- Weeks 5 & 8: **Movie Making**– We are looking for the next Steven Spielberg.... Write, direct and star in your own movie. Open for 6-8 yr olds wk 5 and 9-12 yr olds wk 8.
- Week 6: **Bugs & Grubs**– Get down & dirty to learn about those creepy crawlies. A visit from the zoo is sure to leave the kids in awe and interest. Open for all ages.
- Week 7: **Titanic**– This camp will show you the wonders and mysteries of this magnificent ship that sank on it’s inaugural voyage across the Atlantic. Explore the engineering design, oceanography, geography, culture, technology and history. Open for all ages.



# Camp Descriptions Cont.

## Skill Building

- Week 1: **World Travelers**– Explore the exciting, historical, and unique places around our planet while learning about diversity and respect. Open for all ages.
- Week 2 & 5: **B2M**– Our young boys will learn life long skills all while doing fun activities with their friends. Open to 9-12 years old on week 2 and 6-8 years olds on week 5. Boys Only.
- Week 3: **Gardening**– Get your hands dirty planting and tending to a Club garden. Plant pretty flowers and foods to eat. Visit local gardens to inspire your own. Open to all ages.
- Week 4: **Friendship Circle**- Every young girl needs a space to make new friends and learn how to communicate with her peers. We are providing just that. Open to 6-8 year olds. Girls Only.
- Week 6: **Tomorrow's Leaders**– This camp is geared toward developing skills in our younger members. This will be done through planning events for the club, working together, and community awareness. Open for 9-12 years old.
- Week 7: **Girls Talk**– This camp is geared for our “tween” girls. We will talk about what issues are facing them in today’s society and teaching them tools so they can make healthy choices. Open for 9-12 year olds. Girls Only.
- Week 8: **Survival Skills**- Let the compass be your guide as you learn to navigate the wilderness safely. Open for all ages



**Outdoor Adventure Camp:** Visit parks, play traditional and new games, exercise your team skills with initiative games, explore Oaks Bottom, go on scavenger hunts, learn about the great outdoors and have fun. Divided into age categories 6-8yrs and 9-12yrs. Offered weekly.

**Extreme Recreation:** Immerse yourself in exciting activities inside and outside the Club. Whether it is a crazy games-room challenge or a group game in the park make sure you catch all the extreme action. Open to all ages weekly.

**Cooking Camp:** Do you want to be the next great chef? Take the first step with us by learning cooking skills, safety, and how to create delicious healthy food. Open for all ages. Running during the preview week and weeks 1, 3 & 6.

**Portland Park Hop:** This small group camp will travel by van to different parks in Portland enjoying all they have to offer. Whether it is smelling roses in west Portland or playing in a dormant volcano cone on the east side your child will enjoy seeing sights outside of their neighborhood. Weeks 2, 5 & 8.

**Neighborly Neighbors:** Be a great member of the community. See how even the simplest actions can make a difference. This will be done through neighborhood field trips and exploration of what the community has to offer. Weeks 4 & 7.



## Swimming Procedures

We swim on Wednesdays at Sellwood Community Pool during the open swim session from 1:00-2:30pm. There is a limit of 60 kids per week. In order to get on the swimming list, each child must turn in a permission slip and \$2. The first 60 kids to turn in the required paperwork will go swimming. Permission slips will be available to pick up from the front desk on Mondays. Paperwork will be accepted on Tuesdays. A swimming list will be posted on Tuesday afternoons by 4:30pm. You must sign your camper up at the beginning of EACH week, you may not sign your camper up for future weeks. Concessions (snow cones, ice cream, candy, popcorn, etc.) are available at the pool for a small price, which we leave to parent’s discretion. The swim group will return to the Club by 3:30pm.

## Teen Summer Program

Teens will have two choices this summer. Leaders in training is getting a face lift and will now be called **Emerging Leaders**. The focus of the program will shift to a more holistic view of leadership. In addition to assisting with summer camps for our younger members teens will also plan club fundraiser, events, and gain necessary tools to work with their peers and adults.

Teens will also have the option of participating in one of our structured camp activities ranging from photography and painting, to touring Portland and the northwest.

Descriptions of these activities and registration info can be found on the teen summer flyer.

# Meyer Memorial Boys & Girls Club Summer 2010 Camp Registration

Member Name: \_\_\_\_\_ Age: \_\_\_\_\_

Parent/Guardian: \_\_\_\_\_ Phone: \_\_\_\_\_

Address: \_\_\_\_\_ City: \_\_\_\_\_ State: \_\_\_\_\_

A \$10.00 non-refundable deposit is required to reserve space in each camp (deposit is applied toward camp fees). All Camps are subject to availability. Weekly balances are preferred two weeks prior to the first day of each session. Space will not be guaranteed if payment is not received by the first day of camp. Members may attend Sunrise Club from 7:30am– 9:00am for an additional \$20 a week. Camps cannot be prorated. **No refunds will be given.**

## Preview Week: (June 16-18)

**(\$30 for Camp and \$12 for Sunrise)**

- Sunrise Club (7:30am-9:00am)
- Art Camp: Funky Fashion (\$5 Lab Fee)
- Sports Camp: Basketball
- Science & Tech: Rockets & Catapults
- Outdoor Adventure Camp(9-12yrs)
- Outdoor Adventure Camp(6-8yrs)
- Extreme Recreation
- Cooking Camp

## Week 1: (June 21-25)

- Sunrise Club (7:30am-9:00am)
- Art Camp: Textile Arts (9-12yrs)
- Sports Camp: Soccer
- Science & Tech: Ocean Exploration
- Outdoor Adventure Camp(9-12yrs)
- Outdoor Adventure Camp(6-8yrs)
- Extreme Recreation
- Skill Bldg: World Travelers
- Cooking

## Week 2: (June 28 to July 2)

- Sunrise Club (7:30am-9:00am)
- Art Camp: Drama
- Sports Camp: Iron Core (9-12yrs)
- Science & Tech: Animal Camp
- Outdoor Adventure Camp(9-12yrs)
- Outdoor Adventure Camp(6-8yrs)
- Extreme Recreation
- Skill Building: B2M(9-12yrs)
- Portland Park Hop

## Week 3: (July 6-9) Closed July 5th

**(\$40 for Camp and \$16 for Sunrise)**

- Sunrise Club (7:30am-9:00am)
- Art Camp: Art Concoctions
- Sports Camp: Floor Hockey
- Science & Tech: Rain Forest
- Outdoor Adventure Camp(9-12yrs)
- Outdoor Adventure Camp(6-8yrs)
- Extreme Recreation
- Skill Building: Gardening Camp
- Cooking Camp

## Week 4: (July 12-16)

- Sunrise Club (7:30am-9:00am)
- Art Camp: Super Sculptures
- Sports Camp: Basketball
- Science & Tech: Dirt Camp
- Outdoor Adventure Camp(9-12yrs)
- Outdoor Adventure Camp(6-8yrs)
- Extreme Recreation
- Skill Building: Friendship Circle(6-8yrs)
- Neighborly Neighbors(9-12)

## Week 5: (July 19-23)

- Sunrise Club (7:30am-9:00am)
- Art Camp: Painting & Prints
- Sports Camp: Soccer
- Science & Tech: Movie Making (6-8yrs)
- Outdoor Adventure Camp(9-12yrs)
- Outdoor Adventure Camp(6-8yrs)
- Extreme Recreation
- Skill Building: B2M(9-12yrs)
- Portland Park Hop

## Week 6: (July 26-30)

- Sunrise Club (7:30am-9:00am)
- Art Camp: Building & Construction
- Sports Camp: Volleyball (9-12yrs)
- Science & Tech: Bugs & Grubs
- Outdoor Adventure Camp(9-12yrs)
- Outdoor Adventure Camp(6-8yrs)
- Extreme Recreation
- Skill Build: Tomorrow's Leaders (9-12yrs)
- Cooking Camp
- Golf (8yrs and up)

## Week 7: (August 2-6)

- Sunrise Club (7:30am-9:00am)
- Art Camp: Playful Puppets
- Sports Camp: Flag Football (10-12 yrs)
- Science & Tech: Titanic Exploration
- Outdoor Adventure Camp(9-12yrs)
- Outdoor Adventure Camp(6-8yrs)
- Extreme Recreation
- Skill Building: Girl Talk (9-12yrs)
- Neighborly Neighbors(9-12)

## Week 8: (August 9-13)

- Sunrise Club (7:30am-9:00am)
- Art Camp: Paper Craft
- Sports Camp: Flag Football (10-12 yrs)
- Science & Tech: Movie Making(9-12)
- Outdoor Adventure Camp(9-12yrs)
- Outdoor Adventure Camp(6-8yrs)
- Extreme Recreation
- Skill Building: Survival Skills
- Portland Park Hop

## **2010 Promotion!**

**This summer the Meyer Boys & Girls Club is offering a special deal for those spending several weeks with us.**

**By Paying for 3 weeks in full you will receive the 4th week at 30% off. Does not apply to the preview week.**

Please use the space below to inform the Boys & Girls Club staff of any specific needs or requests concerning your child (i.e. allergies, medication, medical conditions, etc.)

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**For Teen Camp info & registration.  
Checkout the flyers at the front desk!**